



| FRIDAY, APRIL 24, 2026 | | | | | | | |
|------------------------|-----------------|---------------|---------|-------|---------|--------|---------|
| Time | LVL | TR-A | LVL | TU-A | LVL | DM-A | |
| SESSION 1 | | | | | | | |
| A | 12:45 - 1:30 PM | SR | 17+ M | LVL 8 | 15+ M | LVL 10 | 13-14 M |
| | | IE | 17-21 M | | | LVL 10 | 13-14 F |
| B | 1:30 - 2:00 PM | YE | 11-12 M | LVL 8 | 13-14 F | YE | 13-14 M |
| | | YE | 11-12 F | | | YE | 13-14 F |
| | | JR | 15-16 M | | | | |
| | | JR | 15-16 F | | | | |
| C | 2:00 - 2:30 PM | SR | 17+ F | LVL 8 | 9-10 M | SR | 17+ M |
| | | YE | 13-14 F | LVL 8 | 13-14 M | | |
| | | | | LVL 9 | 13-14 M | | |
| | | | | LVL 9 | 11-12 M | | |
| D | 2:30 - 3:00 PM | YE | 13-14 M | LVL 9 | 13-14 F | SR | 17+ F |
| | | OP | 22+ M | LVL 8 | 11-12 M | IE | 17-21 F |
| | | | | | | JR | 15-16 F |
| E | 3:00 - 3:30 PM | LVL 10 | 15-16 F | LVL 8 | 15+ F | JR | 15-16 M |
| | | LVL 10 | 11-12 F | | | YE | 11-12 M |
| | | | | | | OP | 22+ M |
| | | | | | | LVL 10 | 17-21 M |
| F | 3:30 - 4:00 PM | LVL 10 | 17-21 F | LVL 8 | 15+ F | LVL 10 | 10U M |
| | | LVL 10 | 17-21 M | | | LVL 10 | 11-12 M |
| | | | | | | LVL 9 | 11-12 M |
| G | 4:00 - 4:30 PM | LVL 10 | 15-16 M | LVL 8 | 11-12 F | LVL 10 | 15-16 F |
| | | LVL 10 | 13-14 M | | | LVL 10 | 17-21 F |
| H | 4:30 - 5:00 PM | LVL 10 | 13-14 F | LVL 8 | 11-12 F | LVL 10 | 11-12 F |
| | | LVL 10 | 11-12 M | | | LVL 10 | 15-16 M |
| | | LVL 10 | 10U M | | | | |
| 5:00 - 5:30 PM | | DINNER | | | | | |

| FRIDAY, APRIL 24, 2026 | | | | | | | | |
|--------------------------|------------------|-------|---------|----------------|---------|---------|---------|--|
| SESSION 2 | | | | | | | | |
| A | 5:45 - 6:30 PM | LVL 9 | 15+ F | SR | 17+ M | LVL 9 | 13-14 F | |
| | | | | SR | 17+ F | | | |
| | | | | JR | 15-16 F | | | |
| | | | | YE | 13-14 M | | | |
| | | | | LVL 10 | 17-21 M | | | |
| | | | | LVL 10 | 17-21 F | | | |
| | | | | LVL 10 | 15-16 F | | | |
| B | 6:30 - 7:00 PM | LVL 9 | 15+ F | LVL 9 | 15+ M | LVL 8 | 15+ M | |
| | | | | LVL 9 | 15+ F | LVL 8 | 11-12 M | |
| C | 7:00 - 7:30 PM | LVL 9 | 13-14 M | | | LVL 9 | 15+ F | |
| | | LVL 9 | 11-12 F | | | | | |
| D | 7:30 - 8:00 PM | LVL 9 | 15+ M | | | LVL 9 | 15+ F | |
| | | LVL 9 | 11-12 M | | | LVL 9 | 11-12 F | |
| E | 8:00 - 8:30 PM | LVL 9 | 13-14 F | | | LVL 9 | 15+ M | |
| | | | | | | LVL 9 | 13-14 M | |
| SATURDAY, APRIL 25, 2026 | | | | | | | | |
| SESSION 3 | | | | | | | | |
| A | 8:15 - 9:00 AM | LVL 8 | 15+ F | Session W/U | | LVL 8 | 11-12 F | |
| | | LVL 8 | 15+ M | | | | | |
| B | 9:00 - 9:30 AM | LVL 8 | 15+ F | 8:15 - 9:15 AM | | LVL 8 | 11-12 F | |
| | | | | TU FINALS | | LVL 8 | 9-10 F | |
| C | 9:30 - 10:00 AM | LVL 8 | 13-14 M | LVL 9 | 15+ M | LVL 8 | 15+ F | |
| | | LVL 8 | 9-10 M | LVL 9 | 15+ F | | | |
| | | | | LVL 9 | 13-14 M | | | |
| | | | | LVL 9 | 13-14 F | | | |
| | | | | LVL 9 | 11-12 M | | | |
| D | 10:00 - 10:30 AM | LVL 8 | 11-12 M | SR | 17+ M | LVL 8 | 15+ F | |
| | | | | SR | 17+ F | | | |
| | | | | JR | 15-16 F | | | |
| | | | | YE | 13-14 M | | | |
| | | | | LVL 10 | 17-21 M | | | |
| | | | | LVL 10 | 17-21 F | | | |
| E | 10:30 - 11:00 AM | LVL 8 | 11-12 F | LVL 9 | 15+ F | LVL 8 | 9-10 M | |
| | | | | | | LVL 8 | 13-14 M | |
| F | 11:00 - 11:30 AM | LVL 8 | 11-12 F | LVL 9 | 15+ M | LVL 8 | 13-14 F | |
| | | LVL 8 | 9-10 F | LVL 9 | 13-14 M | | | |
| | | | | LVL 9 | 11-12 M | | | |
| | | | | LVL 9 | 13-14 F | | | |
| G | 11:30 - 12:00 PM | LVL 8 | 13-14 F | LVL 7 | 15+ M | LVL 8 | 13-14 F | |
| | | | | LVL 7 | 13-14 M | | | |
| | | | | LVL 7 | 15+ F | | | |
| | | | | LVL 7 | 13-14 F | | | |
| H | 12:00 - 12:30 PM | LVL 7 | 15+ M | LVL 7 | 11-12 F | LVL 6 | 9-10 M | |
| | | LVL 7 | 15+ F | LVL 7 | 9-10 F | LVL 6 | 11-12 M | |
| | | | | | LVL 6 | 13-14 M | | |
| | 12:30 PM | LUNCH | | | | | | |

| SATURDAY, APRIL 25, 2026 | | | | | | |
|----------------------------|-----------------|----------------------------|---------|-------|---------|----------------|
| SESSION 4 | | | | | | |
| SESSION 4 FINALIST WARM UP | | | | | | |
| | 12:30 - 1:25 PM | | | | | |
| A | 1:30 - 2:00 PM | LVL 9 | 15+ F | LVL 5 | 13-14 F | LVL 10 10U M |
| | | | | | | LVL 10 11-12 M |
| | | | | | | LVL 9 11-12 M |
| B | 2:00 - 2:30 PM | LVL 9 | 13-14 F | LVL 5 | 11-12 F | LVL 10 11-12 F |
| | | | | | | LVL 10 15-16 M |
| C | 2:30 - 3:00 PM | LVL 9 | 15+ M | LVL 5 | 11-12 F | LVL 10 15-16 F |
| | | LVL 9 | 11-12 M | | | LVL 10 17-21 F |
| D | 3:00 - 3:30 PM | LVL 9 | 13-14 M | LVL 5 | 9-10 F | LVL 9 13-14 F |
| | | LVL 9 | 11-12 F | | | |
| E | 3:30 - 4:00 PM | LVL 10 | 15-16 F | LVL 5 | 8U M | LVL 9 15+ M |
| | | LVL 10 | 11-12 F | LVL 5 | 9-10 M | LVL 9 13-14 M |
| | | | | LVL 5 | 11-12 M | |
| F | 4:00 - 4:30 PM | LVL 10 | 15-16 M | LVL 5 | 15+ M | LVL 9 11-12 F |
| | | LVL 10 | 13-14 M | LVL 5 | 15+ F | |
| G | 4:30 - 5:00 PM | LVL 10 | 13-14 F | LVL 5 | 13-14 M | LVL 9 15+ F |
| | | LVL 10 | 11-12 M | | | |
| | | LVL 10 | 10U M | | | |
| | 5:00 PM | DINNER | | | | |
| | 5:00 - 5:55 PM | SESSION 5 FINALIST WARM UP | | | | |
| SESSION 5 | | | | | | |
| A | 6:00 - 6:30 PM | SR | 17+ M | LVL 6 | 9-10 F | YE 13-14 M |
| | | IE | 17-21 M | LVL 6 | 9-10 M | YE 13-14 F |
| | | | | LVL 6 | 15+ M | |
| | | | | LVL 6 | 13-14 M | |
| | | | | LVL 6 | 11-12 M | |
| B | 6:30 - 7:00 PM | YE | 11-12 M | LVL 6 | 8U F | LVL 10 13-14 M |
| | | YE | 11-12 F | LVL 6 | 11-12 F | LVL 10 13-14 F |
| | | JR | 15-16 M | | | |
| | | JR | 15-16 F | | | |
| C | 7:00 - 7:30 PM | SR | 17+ F | LVL 6 | 11-12 F | JR 15-16 M |
| | | YE | 13-14 F | | | YE 11-12 M |
| | | | | | | OP 22+ M |
| | | | | | | LVL 10 17-21 M |
| D | 7:30 - 8:00 PM | YE | 13-14 M | LVL 6 | 13-14 F | SR 17+ F |
| | | OP | 22+ M | | | IE 17-21 F |
| | | | | | | JR 15-16 F |
| E | 8:00 - 8:30 PM | LVL 10 | 17-21 F | LVL 6 | 13-14 F | SR 17+ M |
| | | LVL 10 | 17-21 M | LVL 6 | 15+ F | |

| SUNDAY, APRIL 26, 2026 | | | | | | | | |
|------------------------|------------------|--------------|---------|-------|---------|-------|---------|--|
| Time | LVL | TR-A | LVL | TU-A | LVL | DM-A | | |
| SESSION 6 | | | | | | | | |
| A | 8:15 - 9:00 AM | LVL 7 | 9-10 M | LVL 4 | 11-12 F | LVL 7 | 13-14 F | |
| | | LVL 7 | 11-12 M | LVL 4 | 15+ M | | | |
| B | 9:00 - 9:20 AM | LVL 6 | 13-14 F | LVL 3 | 9-10 F | LVL 6 | 9-10 F | |
| | | | | LVL 3 | 7-8 F | LVL 6 | 15+ F | |
| C | 9:20 - 9:40 AM | LVL 7 | 13-14 F | LVL 3 | 9-10 F | LVL 7 | 11-12 F | |
| | | | | | | LVL 7 | 9-10 F | |
| D | 9:40 - 10:00 AM | LVL 7 | 13-14 F | LVL 3 | 13-14 F | LVL 7 | 15+ M | |
| | | | | | | LVL 7 | 13-14 M | |
| | | | | | | LVL 7 | 9-10 M | |
| E | 10:00 - 10:20 AM | LVL 7 | 9-10 F | LVL 3 | 11-12 F | LVL 7 | 11-12 M | |
| | | LVL 7 | 11-12 F | | | LVL 7 | 15+ F | |
| F | 10:20 - 1:40 AM | LVL 7 | 11-12 F | LVL 3 | 11-12 F | LVL 6 | 13-14 F | |
| | | | | LVL 3 | 15+ F | | | |
| G | 10:40 - 11:00 AM | LVL 7 | 13-14 M | LVL 3 | 7-8 M | LVL 5 | 9-10 F | |
| | | LVL 6 | 15+ F | LVL 3 | 9-10 M | | | |
| | | | | LVL 3 | 11-12 M | | | |
| | | | | LVL 3 | 15+ M | | | |
| H | 11:00 - 11:20 AM | LVL 6 | 11-12 F | LVL 4 | 9-10 F | LVL 5 | 9-10 F | |
| I | 11:20 - 11:40 AM | LVL 6 | 9-10 M | LVL 4 | 7-8 F | LVL 6 | 11-12 F | |
| | | LVL 6 | 11-12 M | LVL 4 | 13-14 F | | | |
| | | LVL 6 | 13-14 M | | | | | |
| | | LVL 6 | 15+ M | | | | | |
| | | LVL 6 | 9-10 F | | | | | |
| J | 11:40 - 12:00 PM | LVL 5 | 8U M | LVL 4 | 13-14 F | LVL 5 | 11-12 M | |
| | | LVL 5 | 9-10 M | | | LVL 5 | 13-14 M | |
| | | | | | LVL 5 | 15+ M | | |
| | 12:00 - 12:30 PM | LUNCH | | | | | | |

| SUNDAY, APRIL 26, 2026 | | | | | | | |
|------------------------|-----------------|-------|---------|-------|---------|-------|---------|
| SESSION 7 | | | | | | | |
| A | 12:30 - 1:00 PM | LVL 5 | 11-12 M | LVL 2 | 7-8 F | LVL 4 | 13-14 F |
| | | LVL 5 | 13-14 M | LVL 2 | 9-10 F | | |
| | | LVL 5 | 15+ M | | | | |
| | | LVL 4 | 9-10 M | | | | |
| B | 1:00 - 1:20 PM | LVL 5 | 8U F | LVL 2 | 9-10 F | LVL 4 | 13-14 F |
| | | LVL 5 | 11-12 F | LVL 2 | 15+ F | | |
| | | | | | | | |
| C | 1:20 - 1:40PM | LVL 5 | 11-12 F | LVL 4 | 9-10 M | LVL 4 | 7-8 F |
| | | | | LVL 4 | 11-12 M | LVL 4 | 9-10 F |
| | | | | LVL 4 | 13-14 M | | |
| | | | | | | | |
| D | 1:40 - 2:00 PM | LVL 5 | 11-12 F | LVL 2 | 13-14 M | LVL 4 | 9-10 F |
| | | | | LVL 2 | 11-12 M | | |
| | | | | | | | |
| E | 2:00 - 2:20 PM | LVL 5 | 13-14 F | LVL 2 | 11-12 F | LVL 5 | 11-12 F |
| | | LVL 5 | 15+ F | | | LVL 5 | 8U F |
| | | | | | | | |
| F | 2:20 - 2:40 PM | LVL 4 | 13-14 F | LVL 2 | 11-12 F | LVL 5 | 11-12 F |
| | | LVL 4 | 15+ F | | | | |
| | | | | | | | |
| G | 2:40 - 3:00 PM | LVL 4 | 7-8 F | LVL 2 | 13-14 F | LVL 5 | 13-14 F |
| | | LVL 4 | 9-10 F | | | | |
| | | | | | | | |
| H | 3:00 - 3:20 PM | LVL 4 | 9-10 F | LVL 1 | 7-8 M | LVL 5 | 8U M |
| | | | | LVL 1 | 9-10 M | LVL 5 | 9-10 M |
| | | | | LVL 1 | 11-12 M | | |
| | | | | LVL 1 | 13-14 M | | |
| | | | | | | | |
| I | 3:20 - 3:40 PM | LVL 5 | 9-10 F | LVL 1 | 6U F | LVL 4 | 7-8 M |
| | | | | LVL 1 | 9-10 F | LVL 4 | 9-10 M |
| | | | | LVL 1 | 11-12 F | LVL 4 | 13-14 M |
| | | | | | | LVL 4 | 15+ M |
| | | | | | | | |
| J | 3:40 - 4:00 PM | LVL 5 | 9-10 F | LVL 2 | 9-10 M | LVL 5 | 15+ F |
| | | | | LVL 2 | 7-8 M | LVL 4 | 15+ F |

| SUNDAY, APRIL 26, 2026 | | | | | | |
|--|--------|-----------|--------------------|------|-----------|---------|
| Time | LVL | TR-A | LVL | TU-A | LVL | DM-A |
| 4:00 - 4:20 PM | DINNER | | | | | |
| SESSION 8 | | | | | | |
| A 4:20 - 4:40 PM | LVL 4 | 11-12 F | | | LVL 4 | 11-12 M |
| | | | | | LVL 3 | 7-8 M |
| | | | | | LVL 3 | 9-10 M |
| | | | | | LVL 3 | 11-12 M |
| B 4:40 - 5:00 PM | LVL 4 | 11-12 F | | | LVL 1 | 7-8 M |
| | | | | | LVL 1 | 6U F |
| | | | | | LVL 1 | 7-8 F |
| | | | | | LVL 1 | 9-10 F |
| | | | | | LVL 1 | 11-12 F |
| C 5:00 - 5:20 PM | LVL 3 | 15+ F | | | LVL 3 | 9-10 F |
| | LVL 3 | 13-14 F | | | | |
| D 5:20 - 5:40 PM | LVL 1 | 6U F | | | LVL 3 | 9-10 F |
| | LVL 1 | 7-8 F | | | | |
| | LVL 1 | 9-10 F | | | | |
| | LVL 1 | 11-12 F | | | | |
| | LVL 1 | 7-8 M | | | | |
| E 5:40 - 6:00 PM | LVL 3 | 7-8 M | | | LVL 2 | 6U F |
| | LVL 3 | 9-10 M | | | LVL 2 | 7-8 F |
| | LVL 3 | 11-12 M | | | LVL 2 | 9-10 F |
| | LVL 3 | 13-14 M | | | LVL 3 | 7-8 F |
| F 6:00 - 6:20 PM | LVL 3 | 11-12 F | | | LVL 4 | 11-12 F |
| G 6:20 - 6:40 PM | LVL 3 | 11-12 F | | | LVL 4 | 11-12 F |
| H 6:40 - 7:00 PM | LVL 2 | 6U F | | | LVL 4 | 11-12 F |
| | LVL 2 | 7-8 F | | | | |
| | LVL 2 | 13-14 F | | | | |
| | LVL 2 | 11-12 F | | | | |
| I 7:00 - 7:20 PM | LVL 2 | 9-10 M | | | LVL 3 | 11-12 F |
| | LVL 2 | 9-10 F | | | LVL 3 | 13-14 F |
| J 7:20 - 7:40 PM | LVL 3 | 9-10 F | | | | |
| K 7:40 - 8:00 PM | LVL 4 | 7-8 M | | | | |
| | LVL 4 | 11-12 M | | | | |
| | LVL 4 | 13-14 M | | | | |
| | LVL 4 | 15+ M | | | | |
| WARM UP PROCEDURES | | | | | | |
| LEVEL 10 - OPEN - ELITE | | | | | | |
| ONE HOUR SESSION WARM UP + TOUCHES/PASSES | | | | | | |
| Trampoline | | | 2 Touches | | | |
| Tumbling | | | 3 Passes | | | |
| Double Mini | | | 3 Passes | | | |
| DEVELOPMENTAL LEVELS | | | | | | |
| Level 1 - 7 | | | Level 8 - 9 | | | |
| Trampoline | | 2 Touches | | | 2 Touches | |
| Tumbling | | 2 Passes | | | 3 Passes | |
| Double Mini | | 2 Passes | | | 3 Passes | |